

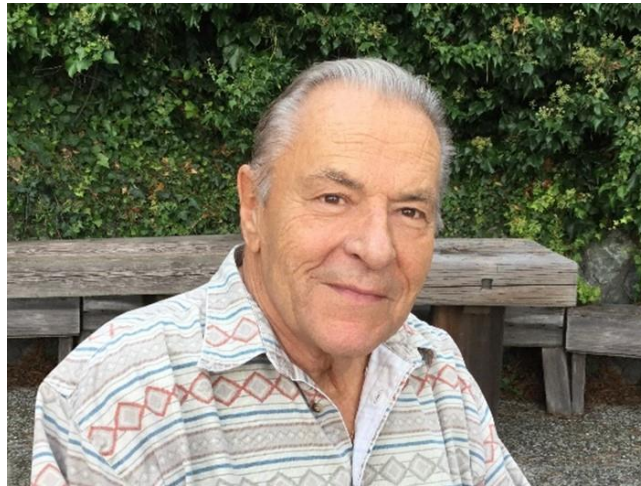


Ubiquity University

in cooperation with **Grof® Legacy Training International** is proud to announce
the launch of a new graduate (MA and PhD) program in

Grof Studies

This program will teach, honor, and explore the groundbreaking research of Stanislav Grof. Grof is considered by many to be the world's foremost authority on psychedelic-assisted psychotherapy and therapeutic breathwork. He is also one of the principal cofounders of transpersonal psychology and its chief theoretician. We hope you can join us for this very special academic-degree program, the first Grof Studies degree program to be offered anywhere in the world.



Join our Community of Personal Growth and Exploration

Our graduate programs in Grof Studies are designed to offer therapists, psychiatrists, psychedelic sitters, and interested seekers additional academic training in every facet of Grof's extensive clinical discoveries.

We will recognize completion in the various Grof Legacy Training programs around the world as substantial academic credit toward your Masters or PhD. Thus, you could receive certification as a Grof® Breathwork Facilitator, Psychedelic Assistant, or Psychedelic Therapist through one of the Grof Legacy Trainings, as well as apply that training toward your Masters or PhD. Certification in other breathwork and psychedelic training programs will also be recognized on a case-by-case basis.

Our graduate programs also provide an opportunity for original, personalized research for your thesis or dissertation under the guidance of teachers deeply experienced in the theory and practical applications of Grof's extensive lifework. Special additional support will also be available to students who seek to publish their thesis or dissertation as a book, in the same or an expanded version, after completion of their degree.

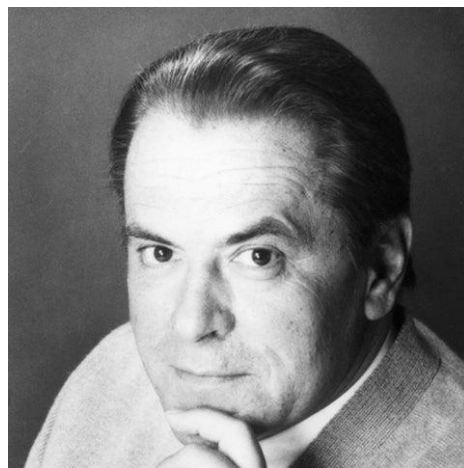
Obtain Your Masters or PhD in Grof Studies

In fostering your own personal growth and education, our graduate programs will help you to find your niche in working with clients and in teaching Grof's important work in the social and academic worlds. We will guide you through every stage in the process.

Our Masters and Doctoral programs are open to a spectrum of disciplines and interests, focused around Grof's extensive lifework and research. We will help you to develop safe and effective practices to explore your own psyche and to support the deep exploration and healing of your clients.

You will be required to take certain core courses in Grof Studies and will also have the freedom to design the rest of your program in consultation with your mentors and the Dean of Graduate Studies. Students can select courses from either inside or outside Ubiquity.

A combined Masters/PhD track is also available. Upon completion of Ubiquity's Doctoral Program, you will be awarded the title "Doctor of Philosophy." This is one of the highest honors society bestows and indicates respect and acknowledgement for an expertise that the larger community can count on for integrity and professional competence.



Some of Grof's Major Contributions

Over a career spanning seven decades, Stanislav Grof has made many fundamental discoveries concerning the deepest structures and therapeutic processes in the human psyche, including an articulation of the *perinatal* and *transpersonal* layers of the unconscious. At the core of his lifework is the revaluation of what he calls holotropic or "moving toward wholeness" states of consciousness into human civilization. These states have played a central role in all non-Western and preindustrial

societies, including in the practices of shamanism, the rites of passage, aboriginal healing rituals, and mystery schools of the Mediterranean.

Grof observed that as his patients worked through their past traumas, they automatically opened or widened the pathway in their psyches to transcendent spiritual experiences, which have a meta-healing value. The reintroduction of the responsible use of holotropic and psychedelic states, Grof believes, could play a significant role in supporting humanity to overcome the wave of destructive and self-destructive tendencies being acted out in the social and ecological worlds and help us to become a more peaceful and sustainable species.

Grof is also known for codeveloping with his late wife, Christina Grof, the technique of holotropic breathwork, which he now refers to as Grof® Breathwork. Stan and Christina also articulated the concept of “spiritual emergency,” spontaneous eruptions of unconscious contents into everyday life which, when supported, can lead to deep emotional healing and renewal.

Grof's discoveries suggest that a radical revisioning of the materialistic paradigm in Western science is needed, one that returns soul and consciousness to the larger cosmos in which we are an inseparable part.

In 2020, Stan Grof and his wife Brigitte Grof launched the international Grof® Legacy Training.



Stan and Brigitte Grof at the Esalen Institute in Big Sur, California in 2018

Our Programs

We welcome students from around the world to this exciting new program in Grof Studies. If you are interested in receiving your Masters or Doctorate degree with us, or for further information, please contact Renn Butler: rennbutler@shaw.ca.

A more detailed description of these programs will be on the Ubiquity website shortly:

www.ubiquityuniversity.org

Grof Studies Honorary Chair

Stanislav Grof, MD, PhD

Director

Renn Butler, PhD
www.rennbutler.com



Co-Director

Jay Dufrechou, PhD
www.grof-legacy-project-usa.org



Co-Director

Mari Castle, PhD
www.karencastle.com



We will be offering some of the courses in the Grof Studies Program, as well as enlisting many of our colleagues in the Grof Legacy Trainings around the world to teach important classes.

Courses Available and in Planning through Ubiquity

Both our Masters and PhD programs in Grof Studies will require three core courses.

Core Courses

1) Grof Studies: Stanislav Grof's Research in Deep and Effective Psychedelic Therapy and Self-Exploration (Fall 2023)

8 weeks beginning October 2023 (11 am - 12:30 Pacific time followed by live Q & A)
With Renn Butler, PhD, Jay Dufrechou, PhD, Mari Castle, PhD, and other staff TBA
2 academic credits toward a Ubiquity University degree. This course will also be available to non-academic students for \$240 (scholarships available). Please email: rennbutler@shaw.ca.

2) The Holotropic World View (Spring 2024)

4-week course with Renn Butler, PhD and staff TBA (Dates TBA, 11 am - 12:30 pm Pacific time)
This course will explore some of the most profound and influential writings of our time, including major books by Grof.
1 academic credit toward a Ubiquity degree.

3) The Creative Journey to Dissertation: Finding Your Voice, Making Your Mark (Dates TBA)

Virtual Intensive with Gyorgyi Szabo, PhD and Melissa Pritchard, MFA
<https://www.ubiquityuniversity.org/courses/the-creative-journey-to-dissertation-finding-your-voice-making-your-mark-virtual-intensive-september-24-29-2023/>

4 academic credits toward a Ubiquity degree.

Elective Courses

One of the special features of Ubiquity University is the range of highly useful, topical, and growth-promoting courses that students can take as electives.

Here are several of the courses that we (Grof Studies teachers) are offering in this elective pool, which we would highly recommend:

1) Archetypal and Holotropic Astrology: Blueprint of the Universal Mind

(Begins soon - March 23 - April 13, 2023) 4-week online course with Renn Butler, PhD

<https://www.ubiquityuniversity.org/courses/archetypal-and-holotropic-astrology-blueprint-of-the-universal-mind-march-21-april-11-2023/>

1 academic credit toward a Ubiquity University degree. I am also making this course available to non-academic students for \$145 USD: rennbutler@shaw.ca (see extended description below).

2) Spirituality of Inanna the Goddess

4-week recorded class with Mari Castle, PhD.

<https://www.ubiquityuniversity.org/courses/spirituality-of-inanna-the-goddess-live-webinar/>

1 academic credit toward a Ubiquity degree.

3) A Comprehensive Exploration of Archetypal and Holotropic Astrology

(Begins September 30, 2023) 24-week online course with Renn Butler, PhD and guest teachers

(Saturdays 11 am - 1 pm Pacific time)

6 academic credits toward a Ubiquity degree. This course is also available for non-academic students. For info please go to: www.rennbutler.com/online-courses.

4) The Power of Myth and Archetype

4-week online course with Mari Castle, PhD.

For information, email Mari at: mari.breathwork9@gmail.com.

1 academic credit toward a Ubiquity degree.

5) A Healing Adventure in Grof® Breathwork, Archetypal and Mayan Macro-Astrology, and Pilgrimage to the Sacred Sites of Gobekli Tepe and The Twelve Hills (2024)

Possibly sponsored by Ubiquity University (we are in pre-discussion). Will also be available for non-academic students. If interested, please email: rennbutler@shaw.ca.

More Information about Renn's Upcoming Four-Week Course

“Archetypal and Holotropic Astrology: Blueprint of the Universal Mind”

Dates: Four Tuesdays: March 23rd, 30th, April 6th and 13th, 2023

Location: On Zoom: 11 am – 12:30 pm Pacific time, followed by Q &A. **All sessions will be recorded** (except breakout groups)

Faculty: Renn Butler, Ph.D.

Academic Credit: Masters - 1 credit; Doctoral - 1 credit
[Email our Registrar Veronica Saldias](#) for more information.

My Course Promo Video (just over a minute):
<https://youtu.be/6hx3NwKeDsk>

Course Description:

The research of Stanislav Grof and Richard Tarnas has yielded some of the most beneficial and groundbreaking discoveries of the modern era. Their work unveils a safe, accessible, effective, and established bridge to psychospiritual healing and awakening.

Grof's research in psychedelic-assisted psychotherapy determined *what* material exists in the various layers of the human psyche, and the benefits of exploring and resolving those layers. Tarnas' approach to archetypal astrology reveals *when* these various layers are likely to emerge in healing sessions and in everyday life. Their research provides an invaluable roadmap and compass for the journey of deep self-exploration.

Learning Outcomes:

By the end of this course, you will:

- Understand the multivalent nature of planetary archetypes and some of their range of expressions
- Grasp the correlation between Grof's four perinatal matrices (BPMs) and the outer planets Saturn, Uranus, Neptune, and Pluto
- Begin to understand how to perceive archetypal patterning in birth charts and transits
- Understand the most important principles of safe and effective psychedelic therapy and self-exploration

Faculty:

Renn Butler, Ph.D. studied with Grof and Tarnas at the Esalen Institute in California beginning in 1980 and certified as a Holotropic Breathwork® facilitator in 1989. He offers workshops in British Columbia and abroad, as well as archetypal astrology consultations with clients around the world. Renn's first book, *Pathways to Wholeness*, about astrology and psychedelic experiences, was published in 2014, followed by *The Archetypal Universe* in 2018, which focuses on dreams, and *The Astrology of Love and Relationships* in 2022 about relationships. His six-month online course in *Archetypal and Holotropic Astrology* has received enthusiastic reviews. Renn worked part time as a health care worker with physically, mentally, and emotionally challenged adults for over thirty years and lives in Victoria, B.C.

www.rennbutler.com

You can also see his dissertation and Oral Defense here (near the bottom of the page):
www.rennbutler.com/books.

Weekly Sessions:

Week 1: Introduction to Archetypal and Holotropic Astrology We will review the essential discoveries of Richard Tarnas which inform the field of archetypal and holotropic astrology. These include the multileveled and multivalent expression of the archetypes and Tarnas' expanded orbs (the operative range within which two planetary archetypes are observed to interact). These discoveries adjust the archetypal telescope with just the right calibration to illuminate both inner psychological experiences and archetypal manifestations in society at large.

Week 2: Principles of Effective Psychedelic Healing and Exploration Grof writes that psychedelic substances, when used responsibly, have the same potential role in psychology and psychiatry as the microscope in biology and the telescope in astronomy. This class will review Grof's expanded cartography of the psyche and the key principles of effective healing and self-exploration with psychedelic medicines. We will also look at archetypal astrology's function as a profound "Rosetta Stone" of the psyche. This can be highly beneficial for choosing positive days for sessions, for understanding their content, and for integrating them afterward.

Week 3: Alignments of Neptune and Saturn Through a series of evocative slideshows, we will explore the planetary alignments of Neptune and Saturn, which occur in people's natal charts for their entire lifetime or by transit for a limited period of time. The Neptune archetype represents our yearnings for higher meaning, cosmic unity, and peaceful security. Saturn, on the other hand, symbolizes experiences of boundaries, constriction, separation, maturity, and hard work. Students will have time in breakout sessions to reflect on and share their experience of these archetypal principles.

Week 4: Alignments of Pluto and Uranus We will look at the powerful alignments of Pluto and Uranus by natal aspect and transit. The Pluto archetype manifests through the hero or heroine's journey into the psychological underworld to face repressed elements of human nature, accompanied by powerful experiences of abreaction, renewal, regeneration, and evolution. Uranus represents the important impulses toward freedom, breakthroughs, and rebirth in our psyches and in society. Students will have time to share their experience of these archetypal forces in their lives.

Required Reading:

– *Study Guide of the Archetypes* by Renn Butler

Recommended Reading and Viewing

– *Pathways to Wholeness* by Renn Butler

– *Prometheus the Awakener* by Richard Tarnas

– "Archetypal Astrology the Rosetta Stone of the Psyche" – Video by Renn Butler

<https://www.youtube.com/watch?v=bbvtzzo-8I4&t=2265s>

Please email Registrar Veronica Saldias to register or for more information:

registrar@ubiquityuniversity.org

To take this course for non-academic credit, please email Renn at: rennbutler@shaw.ca

For more information about Ubiquity University

[Ubiquity University Student Handbook](#)

As a global institution, Ubiquity University is not accredited by any single state or nation. We are a member of the [Global Accreditation Council](#) which seeks to establish a new standard for universal education dedicated to regenerative ecological, social and spiritual principles.



Jim Garrison, PhD, President of Ubiquity University

Grof® Legacy Training International

www.grof-legacy-training.com

www.stangrof.com

